# Our Lady of Perpetual Succour



Catholic Parish Toukley/Lake Munmorah St Mary's Church 458 Main Rd Noraville St Brendan's Mass Centre 29 Carters Rd Lake Munmorah

Vision To be A Vibrant Eucharistic Community



#### **Pastoral Team**

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Augustinian Sisters of Our Lady of Consolation

Convent 4396 9128 11 Pandora Pde Noraville

Sr. Josefa Mabini OSA Sr. Jennifer Canillas OSA

Parish Office Hours 9:00am to 3pm Mon To Fri Ph 4396 4455

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Website <a href="http://www.bbcatholic.org.au/toukley">www.bbcatholic.org.au/toukley</a>

Parish Secretary: Mrs Jan Lovett Office Assistant:: Mrs Lorrie O'Brien

Catechist CoordinatorMrs. Di Healey0401 162 287

Sacramental Coordinator Mrs Lina Samaniego 0424 506 448

Sunday Parish Bus Service Mrs Joan Haslam 4392 6892

Parish Schools St Mary's Principal Mr Kevin Williams 4396 5100

**St Brendan's** Principal Mr Craig McNee 4358 1501

**St Brigid's College** Principal Mr Adam Murdoch 4358 4278 Nineteenth Sunday Ordinary Time Year A 9th August 2020

Do Not Be Afraid



Our journey of faith is a never-ending one - one of constantly coming to know The Father through Jesus. It parallels the journey of the first disciple: their coming to faith, their coming to understand who the Father was - and how they came to know him. The story of today's Gospel is a perfect example of the process of the faith journey, and it outlines for us the stages of one's faith journey. The Gospels are full of examples of Jesus going off to pray. He needs the time be with the Father - to thank Him, to be refreshed, to come to know His Father even more fully. Jesus goes off in one direction - the apostles in the other. When Peter realized it was Jesus coming over water, He calls out: "Lord, if it is you, command me to come to you on the water." Responding to the Lord's invitation, he jumps over the side and attempts to meet Jesus, only to fail miserably. It is not Peter's lack of faith that causes him to sink into the water. It is his fear.

We are all, quite literally, in the same boat. We share together the turbulent seas of the storm as well as the gentle ripple of the water against the side of the boat on a calm day. We cannot walk upon the water alone; but together with Jesus we can. Perhaps the lesson here is that it is OK to be afraid - God will love us despite our fears and trembling; but fear must be overcome.

The Gospel Story reminds us that we cannot exist on our own, without sustenance from Him - He who is our Source of Life and Love. It is a lesson that we all need to remember when the weather worsens, when the winds whip up, when we seem to sense a ghostly presence that makes us afraid, and when we cry out from the depths, believe in His consoling presence. Jesus is the Presence among us who interprets for us what may seem to be incomprehensible. He makes our hearts burn again, enkindling in us with love, ardent faith and undaunted trust.

Fr Tomy

	<u>Parish Facebook Page</u> Send a Friend Request to our new Toukley-Lake Munmorah
WEEKEND MASS TIMES (100 People)	Parish. 😝
<u>St Mary's Church Toukley</u> (100)	Understanding COVID-19 Restrictions – Places of Worship Dio-
Saturday: Vigil 6:00pm	<u>cese of Broken Bay Fact Sheet</u>
Sunday: 7:30am	What does this mean for places of worship?
9:00am	The number of people in a public place of worship must not
Children's Liturgy 1st & 3rd Sunday (except school holidays)	exceed one person per 4 square metres.
6:00pm	• When calculating the number of people permissible in the church for a religious service, the Celebrant, concelebrants, Deacon, server
St Brendan's Lake Munmorah (100)	and other essential ministers are excluded from the head count. All
Saturday: Vigil 5:00pm	members of the congregation should be counted, including children. The calculation must be made by measuring the floor space of the
Sunday: 8:00am	areas open to the public. For our Churches, this means the sanctu-
WEEKDAY MASS TIMES	ary, sacristy, or other areas where people would not congregate are
<b><u>St Mary's Church Toukley</u></b>	not included in the calculations. The maximum number of people allowed in the church should be displayed on all entry points to the
Monday 9:00 am	church.
Tuesday 9:00 am	People attending a religious service will be required to provide their
Wednesday 9:00 am Thursday 9:00 am (Ordinariate of Our Lady	name and contact details (phone or email) when they enter so that they can be used for contact tracing. The details of one adult mem-
of the Southern Cross)	ber per household is sufficient. Parishioners are requested to receive
5 1 5 /	Holy Communion in the hand. More details are available on the no- tice board
First Friday of Month Anointing of Sick 11:00am	Sacrament of First Communion
Saturday 9:00 am	. Group sessions will commence the week of Monday 17 August and will run for 4 weeks.
St Brendan's Lake Munmorah	Enrolments will be taken next week at the Pastoral Room in the laneway to
Wednesday 9:00am	St Mary's school which runs off the Pandora Parade side of the school at
First Wednesday of Month Anointing of Sick	Noraville. Lina, the Sacramental Coordinator will be at the Pastoral Room at St Mary's to take enrolment forms and fees <b>from 8:00am–8:50am and</b>
9:00am	from 2:00pm-3:00pm every morning and afternoon next week from
Thursday 9:00am	Monday 10 to Friday 14 August. You will also be asked to book into the four group sessions when you register.
EXPOSITION BLESSED SACRAMENT	The cost of the program is \$30 per family, for one or more children. The enrolment fee covers the cost of resources and administrative expenses as-
St Mary's Church Toukley	sociated with the Sacramental program. If you are unable to pay at this
Each Saturday – After Morning Mass	time, please speak with me (Fr Tomy) or our Sacramental Coordinator, Lina when you enrol. No child will be excluded for financial reasons.
SACRAMENT OF RECONCILIATION	
St Mary's Toukley	Mass during restriction Number of people allowed to attend Mass during restriction
Saturday 8:15am—9:00am	St Mary's Church - 100 people that is one person per 4 square metre.
<u>St Brendan's Lake Munmorah</u>	<u>St. Brendan's</u> also 100 people.
Saturday 4:30—5:00pm	<b><u>Parish Centre</u></b> The number of people allowed in the parish centre is 20.
MORNING PRAYER OF THE CHURCH	First Friday & Sunday morning tea is cancelled until further notice.
<u>St Mary's Toukley</u>	Catholic Weekly
8:20 am Monday to Saturday	• Life, work & love in the eternal city
	• Theresa & friends run for faith
	• Time to make a stand for religious freedom
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THE GARAGE SERVICE CE	
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4358 1302	ABRE 43 680 346 680 DOUG CASHIN
ALL MECHANICAL & ELECTRICAL REPA	Unit 4, 11-13 Arizona Road, Charmhaven 2263
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Ph: (02) 4393 2443 Email: charmhaven@internode.on.net

#### **Bishop Randazzo announces change to the celebration of the Sac-**<u>rament of Confirmation</u>

I have been unable to celebrate the Sacrament of Confirmation in the parishes of the Diocese at all this year," said Bishop Randazzo, who has decided, due to ongoing uncertainty and for the sake of clarity for parents and families, parishes and personnel involved in preparing children for the Sacraments that he will not celebrate the Sacrament of Confirmation at all in 2020.

Formerly, children receiving the Sacrament of Confirmation were seven years old, typically those in Year 2. For the future celebration of the Sacrament, Bishop Randazzo has announced that candidates will be at least eight years old, those who are in Year 3.

## Mental Health First Aid Training—Expression of Interest

I would like to offer training for our parishioners. Mental Health First Aid is Nationally Accredited Training and I am an Accredited Trainer. The training is over two sessions likely on Saturdays but can be during the week. I will run the training at cost only; \$30 per participant. This covers the textbook and all materials. The learning aims to build skills and confidence to support friends, colleagues and others during struggles with mental health. About 1 in 5 Australian adults experiences a common mental illness each year. Mental Health First Aid Training will teach you practical skills to support someone with a mental health problem. If you are interested in training to be a mental health first aider, please let me know. I hope to have our first course in late August early September 2020.

What you can expect from mental health first aid training.

- **KNOWLEDGE** Improves knowledge of mental illnesses, treatments and first aid actions.
- **CONFIDENCE** Increases confidence in providing first aid.
- **DE-STIGMATISING** decreases stigmatising attitudes.
- **SUPPORT** Increases the support provided to others.

I look forward to sharing this learning with you. Please let me know of your interest to book your place 0402 968 388. Robyn Rosina

#### Date Saver – Liturgy of Lament – Listening to the Past: Caring for the future

Tuesday 1 September 2020, 7.00pm @ Our Lady of the Rosary Cathedral, Waitara. The liturgy will also be lived streamed. To view connect at <u>www.bbcatholic.org.au</u>

All are invited to gather to pray together in acknowledging the suffering caused to our most vulnerable and to give public expressions to our sorrow.

Please share the attached flyer with members of your Parish and wider community, family and friends.

### Birthday Column

Dear parishioners we always appreciate the gift of life. As a parish community it is always important to remember & pray for someone special to us. We will create a new column in the bulletin for birthday. Parishioners are invited to send names to be published. <u>NVAW Week - 9 August</u>

National Vocations awareness Week—This week we celebrated the Feast of St Mary of the Cross MacKillop. Our first Australian born canonised saint. St Mary took bold new directions in education and care of children. We know her saying 'Never see a need without doing something about it'. We pray this week that many young people in our communities may embrace this spirit in response to the call of the Lord to serve as priests or consecrated religious.

# Mackay Family Funerals

In Association with Mackay Family Crematorium A.B.N. 79 085 423 589 Head Office: 249 Pacific Highway West, Ourimbah 2258 PO Box 89 Ourimbah NSW 2258. Phone: (02) 4362 2733 Fax: (02) 4362 2899

# In your charity, please pray for those who have died and those who are sick.

# Recently Deceased

Bruce Everingham, James Laurie, Judith Martin, Teresa Harvey, Trevor Haynes, Denis Daly,

# Anniversaries

Myra & Jack Hanlen, Steve Salak, Kety & Peter Savris, Doris Glennen, Lidia Cure, Patricia Phillips, Albert Sykes, Eileen Sykes, Rose and Stark Families, Leonard Smith, Mary Cecilia Brown & Donald & Amelia Marshall, John Haslam, William Baker & Col Kelman, Carol Brown.

## Remembrances

Beth Robertson, Vera BrownTeresa Vella, Vera Brown, James Sebastian, Tony Gavranic, James William Baker, Chetcuti Family, Valmai Joseph & Stark Family,, Joseph Boyle, Jack Muller, Brown & Muller Families, Colin Sykes, Gilles Dedrouas, Courtney McCool.

## Please Pray for the Sick

Neville Bowman, Geotge Gavranic, Ann Buckman, Josephine Poynting, Eloise Bell, Camille Hill, Wendy Peterson, Adrian, Ken Chubb, Fiona Haslam, Teresa Wegrzyn, Ann Durnford, Steve Durnford, Maureen Mulheron, Koby Bourke, Monica Mason, John Andrews, Ariane Hampton, Fr Bill Aliprandi, Linda Read, Eleanor Matthews, Andrew Kelly, Paul Covington, Fiona Gill, Evan Shepherd, Kathleen Strong, Brian Davies, Tony Hodges, Faye Lund, Michael Wiggin & Vanessa Miller. Sister Carmela Debbie Gibba, Mary Powell & Miklos Beothy.

<u>Special Prayers</u>: For Angel Vassallo Family, & Vicky Debono.

# **Pope Francis' Prayer**

Intention for August

We pray for all those who work and live from the sea, among them sailors, fishermen and their families.



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# Volunteer Angels

Male & Female Do you have a caring heart & time to become a friend to a lonely person in an Aged Care Facility Please call Anne-Marie 4396 1555 The Community Visitors' Scheme

#### **First Reading**

*1 Kings 19:9, 11-13* A reading from the first book of the Kings *Go out and stand on the mountain before the Lord God.* 

When Elijah reached Horeb, the mountain of God, he went into the cave and spent the night in it. Then he was told, 'Go out and stand on the mountain before the Lord.' Then the Lord himself went by. There came a mighty wind, so strong it tore the mountains and shattered the rocks before the Lord. But the Lord was not in the wind. After the wind came an earthquake. But the Lord was not in the earthquake. After the earthquake came a fire. But the Lord was not in the fire. And after the fire there came the sound of a gentle breeze. And when Elijah heard this, he covered his face with his cloak and went out and stood at the entrance of the cave.

The word of the Lord. **Thanks be to God.** 

#### **Responsorial Psalm**

Ps 84:9-14 R. Lord, show us your mercy and love, and grant us your salvation.

I will hear what the Lord God has to say, A voice that speaks of peace. His help is near for those who fear him And his glory will dwell in our land. R.

Mercy and faithfulness have met; justice and peace have embraced. Faithfulness shall spring from the earth and justice look down from heaven. R.

The Lord will make us prosper and our earth shall yield its fruit. Justice shall march before him

#### Second Reading

Romans 9: 1-5 A reading from the letter of St Paul to the Romans *I will willingly be condemned if it could help my people.* 

What I want to say is no pretence; I say it in union with Christ - it is the truth - my conscience in union with the Holy Spirit assures me of it too. What I want to say is this: my sorrow is so great, my mental anguish so endless, I would willingly be condemned and be cut off from Christ if it could help my brothers of Israel, my own flesh and blood. They were adopted as son, they were given the glory and the covenants; the Law and the ritual were drawn up for them, and the promises were made to them. They are descended from the patriarchs and from their flesh and blood came Christ who is above all. God for ever blessed! Amen

The word of the Lord. **Thanks be to God.** 

#### **Gospel Acclamation**

*Ps 129:5* Alleluia, alleluia! I hope in the Lord, I trust in his word. Alleluia!

#### Gospel

*Matthew 14:22-33* A reading from the holy Gospel according to Matthew *Command me to come to you over the water*.

Jesus made the disciples get into the boat and go on ahead to the other side while he would send the crowds away. After sending the crowds away he went up into the hills by himself to pray. When evening came, he was there alone, while the boat, by now far out on the lake, was battling with a heavy sea, for there was a head-wind. In the fourth watch of the night he went towards them, walking on the lake, and when the disciples saw him walking on the lake they were terrified. 'It is a ghost' they said, and cried out in fear. But at once Jesus called out to them, saying 'Courage! It is I! Do not be afraid.' It was Peter who answered. 'Lord', he said 'if it is you, tell me to come to you across the water.' 'Come' said Jesus. Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. 'Lord! Save me!' he cried. Jesus put out his hand at once and held him. 'Man of little faith,' he said 'why did you doubt?' And as they got into the boat the wind dropped. The men in the boat bowed down before him and said, 'Truly, you are the Son of God.'

The Gospel of the Lord. **Praise to you, Lord Jesus Christ.** 

Next Sunday TWENTIETH SUNDAYFirst ReadingIsaiah 56: 1, 6-7Second ReadingRomans 11: 13-15, 29-32GospelMatthew 15: 21-28



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